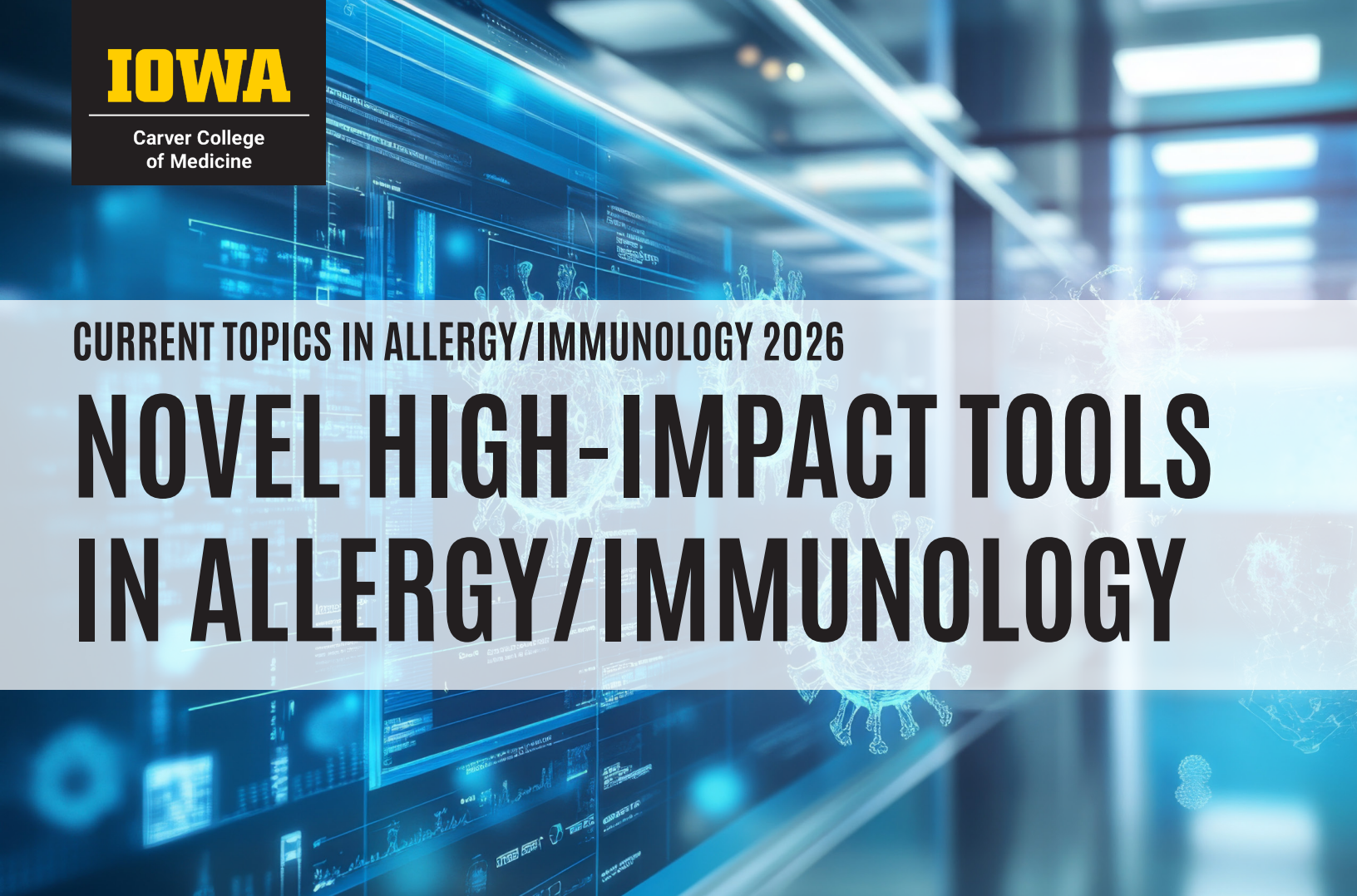




IOWA

Carver College
of Medicine

CURRENT TOPICS IN ALLERGY/IMMUNOLOGY 2026

NOVEL HIGH-IMPACT TOOLS IN ALLERGY/IMMUNOLOGY

FRIDAY, OCTOBER 30, 2026

7:30 AM - 4:00 PM

HYATT REGENCY HOTEL • 300 E. 9TH STREET, CORALVILLE, IOWA

PROVIDED BY:

The University of Iowa Roy J. and Lucille A. Carver College of Medicine
Department of Internal Medicine—Division of Immunology

OVERVIEW

This conference provides updates on emerging therapies and clinical advances in allergy and immunology. Topics include novel treatments for atopic dermatitis, oral immunotherapy, biologics in allergen immunotherapy, JAK inhibitors, STAT gain-of-function disorders, alpha-gal allergy, PFAPA, and the impact of GLP-1 agonists on allergic disease. Participants will gain practical, evidence-based insights to improve the diagnosis and management of patients with allergic and immunologic conditions.

CREDITS

AMA PRA Category 1 Credits™ (6.25 hours), AAPA Category 1 CME credit (6.25 hours), ACPE Credit (6.25 hours), ANCC Contact Hours (6.25 hours), Non-Physician Attendance (6.25 hours)

TARGET AUDIENCE

Specialties - Internal Medicine, Pediatrics

OBJECTIVES

Upon completion of this activity the healthcare team should be able to:

- Describe the importance of the JAK-STAT pathway in allergy/immunology
- Explain Alpha-gal allergy and its management
- Compare and contrast different new therapies for atopic dermatitis
- Appraise the evidence for oral allergen immunotherapy in food allergy
- Examine the use of biologics in the setting of allergen immunotherapy
- Critique GLP1 agonist data in allergy/immunology
- Implement the use of JAK inhibitors in hyperinflammation
- Discuss the use of tonsillectomy for Periodic Fever, Aphthous stomatitis, Pharyngitis, Adenitis syndrome
- Collaborate as a healthcare team to discuss complex allergy/immunology cases and apply evidence-based approaches to patient care

REGISTRATION

Physician.....	\$200
Pharmacist/Advanced Practice Provider (PA/NP)	\$130
Other Health Professional.....	\$110
Retiree	\$100
UI Faculty and Staff*	\$0
Resident/Student.....	\$0
Industry	\$200

*You must have a HawkID to receive the UI affiliated rate.

ACCREDITATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this knowledge-based activity for a maximum of 6.25 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must provide their NABP ID and DOB (MMDD) to receive credit. JA0000310-0000-26-055-L01-P

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 6.25 ANCC contact hours.

Physician Associate: The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

DISCLOSURE POLICY: University of Iowa Roy J. and Lucille A. Carver College of Medicine adheres to the ACCME's Standards for integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or other are required to disclose all financial relationships with ineligible companies whose primary business is producing marketing, selling, re-selling, or distributing healthcare products used by or even on patients. All relevant financial relationships have been mitigated prior to the commencement of the activity.



Cancellation Policy

All but \$25 of the fee is refundable if inability to attend is made known on or before October 21, 2026. Refunds will not be made after this date.

PRESENTERS



Dana Al-Maajali, MD

Fellow Physician
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



Truman Nguyen, MD

Clinical Assistant Professor
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



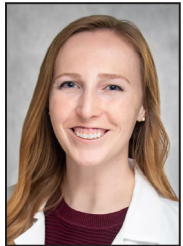
Amir Abidov, MD

Clinical Assistant Professor
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



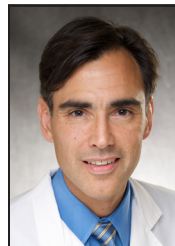
John J. O'Shea, MD

Senior Investigator and Chief
Molecular Immunology and Inflammation
Branch
NIH Intramural Research Program
Bethesda, MD



Lauren Bracken, PA-C

Physician Associate
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



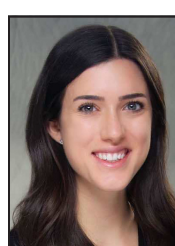
Brian Swick, MD, FAAD

Clinical Professor of Dermatology
Department of Dermatology
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



Benjamin Davis, MD, PhD

Clinical Associate Professor and Director
Division of Allergy/Immunology
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA



Madalyn Walsh, MD

Fellow Physician
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



Charu Debnath, MBBS

Clinical Assistant Professor
Division of Allergy/Immunology
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA



Michael Weaver, DO

Fellow Physician
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



Brooke Harrison, ARNP

Nurse Practitioner
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA



Avani Yaganti, MD

Resident
Department of Internal Medicine
University of Iowa Health Care
Iowa City, IA



Cassie Loeffler, MD

Fellow Physician
Department of Internal Medicine
Division of Allergy/Immunology
University of Iowa Health Care
Iowa City, IA

AGENDA

7:30 AM **Registration and Breakfast**

Morning Session — Coral Ballroom | Moderator and Course Director: Benjamin Davis, MD, PhD

8:25 AM **Opening Remarks**
Benjamin Davis, MD, PhD

8:30 **Keynote: Mechanisms of STAT Gain-of-Function**
John O'Shea, MD

9:30 **Updates on New Therapies for Atopic Dermatitis**
Brian Swick, MD

10:30 **Break**

10:45 **Alpha-gal Allergy**
Charu Debnath, MD

11:30 **Updates on Real World Clinical Practice of Oral Immunotherapy**
Amir Abidov, MD

12:00 PM **Concurrent Lunch Sessions**

A. Allied Health Talk: Patch Testing — Coral Ballroom

Brooke Harrison, ARNP; Lauren Bracken, PA; Avani Yaganti, MD

B. Iowa Society of Allergy, Asthma & Immunology Business Meeting and Lunch (Non-accredited)
Borlaug Room

Afternoon Session — Coral Ballroom | Moderator: Diana Bayer, DO

1:00 PM **Using Biologics with Allergen Immunotherapy**
Truman Nguyen, MD

1:30 **GLP1 Agonists Effects in Allergy/Immunology**
Cassie Loeffler, MD

2:00 **Break**

2:15 **Updates on Tonsillectomy in Periodic Fever, Aphthous Stomatitis, Pharyngitis, and Adenitis (PFAPA)**
Dana Al-Maajali, MD

2:45 **JAK Inhibitors in Hyperinflammation**
Madalyn Walsh, MD

3:15 **Interesting Cases**
Michael Weaver, DO

3:45 **Wrap up and ending remarks**